

QUAKER MENTAL HEALTH FORUM



SATURDAY 9/10/2021

10.30 – 4.00

**PRIORY ROOMS,
BIRMINGHAM**

Everyone is welcome

Supported by The Quaker
Mental Health Fund (UK)

OUR ANCHORS

what keeps us afloat in storms?

where are our harbours?

what do we trust?

**We will share together in
worship, hear prepared ministry
from speakers, have space to
discuss and join in reflective
workshops**

Do join us if you can!

The event will be Covid secure.

We hope it will be possible for some Friends
to share part of the day via Zoom

You will need to bring your lunch: drinks will
be provided.

Please let us know if you have any additional
needs.

There is no charge.

To book, contact Alison Mitchell on

mhdo@quakermhfund.uk or

07395565428

Supported by the Quaker Mental Health Fund

www.quakermhfund.uk

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